

## TEN MILE RIVER - MENU 2018 CYCLE B

### Aquehonga WEEKS 2,4,6

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	Continental Breakfast  Cereal Orange Juice Milk PB&J	Pancakes Syrup Sausage Cereal Apple Juice Milk PB&J	Scrambled Eggs Homefries Cereal Orange Juice Milk PB&J	French Toast Syrup Bacon Cereal Apple Juice Milk PB&J	Scrambled Eggs Hashbrowns Cereal Orange Juice Milk PB&J	Pancakes Syrup sausage Cereal Apple Juice Milk PB&J	Cold departing Waffles W/Syrup Bacon Cereal Orange Juice Milk PB&J
<b>Lunch</b>	Bag Lunch Sandwich Chips Cookie Fruit Drink	Grilled Cheese Bacon/ Tomato Potato Chips Fresh fruit PB&J Milk Beverage	Sloppy Joes Hamburger Buns Pickle Spears Potato Chips Brownies PB&J Milk Beverage	Ham & Cheese Wrap Potato Chips Pickles Fresh fruit PB&J Milk Beverage	Pizza Cheese & Pepperoni Fresh Salad Cookies PB&J Milk Beverage	Turkey Club Corn Chips Fresh fruit PB&J Milk Beverage	Chicken Fajita Cheese Taco Sauce Baked Beans Vanilla Pudding PB&J Milk Beverage
<b>Dinner</b>	<u>Sunday BBQ</u> BBQ Chicken Macaroni Salad Potato Chips Watermelon	Roasted Pork Macaroni and Cheese Corn Apple Sauce Baked Dessert	Beef Steak Baked Potato Green Beans Fresh Bread Iced Cake	Pasta W Meatballs Veggie Garlic Bread Baked Dessert	Foil Dinner Beef & Potato Carrots/Onions Fresh bread Baked Dessert	<u>CAMPWIDE BBQ</u> Hamburgers Hotdogs Chicken Sweet Corn	Pasta W Sauce Veggie Fresh bread Pudding
<b>Heater Stack</b>	Salad Beverage	Sausage & Pepper Rice Vegetables Cake W/Icing	Pasta W Meatballs Veggie Garlic Bread Iced Cake	Turkey W Gravy Mashed Potato Corn Baked Dessert	Pot Pie Noodles Veggie  Baked Dessert	Potato Chips Watermelon Relish Tray Beverage	Baked Ziti Broccoli Fresh bread Pudding

**Menu Subject To Change**

Fresh Fruit Available seasonally  
Lettuce Tomato Onions Available upon Request

# TEN MILE RIVER - MENU 2018

## CYCLE A

### Aquehonga WEEKS 1,3,5

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	Continental Breakfast  Cereal Orange Juice Milk PB&J	Pancakes Syrup Sausage Cereal Apple Juice Milk PB&J	Scrambled Eggs Bagel W/ Cream Cheese Cereal Orange Juice Milk PB&J	French Toast Syrup Bacon Cereal Apple Juice Milk PB&J	Scranmbled Eggs Hashbrowns Cereal Orange Juice Milk PB&J	Pancakes Syrup Sausage Cereal Apple Juice Milk PB&J	Cold departing Waffles W/Syrup Bacon Cereal Orange Juice Milk PB&J
<b>Lunch</b>	Bag Lunch Sandwich Chips Cookie Fruit Drink	Chicken Nuggets W/ BBQ Sauce Mac & Cheese Pudding PB&J Milk Beverage	Walking Tacos Doritos Spanish Rice Tom/Lett/Cheese Corn Bread PB&J Milk Beverage	Turkey Club Pretzels Brownies PB&J Milk Beverage	Pizza Cheese & Pepperoni French fries Cookies PB&J Milk Beverage	Grilled Cheese Bacon Tomato Potato Chips Applesauce Milk Beverage	Chicken Fajita Cheese Taco Sauce Baked Beans Vanilla Pudding PB&J Milk Beverage
<b>Dinner</b>	<u>Sunday BBQ</u> BBQ Chicken Macaroni Salad Potato Chips Watermelon	<u>Pasta w/ Meatball</u> Marinara Sauce Green Beans Garlic Bread Cake W/ Icing	Beef Steak Baked Potato Corn Fresh Bread Large Cookie	Roasted Pork Red Potatoes Corn Apple Sauce BakedDessert	Foil Dinner Beef & Potato Carrots/Onions Fresh bread Baked Dessert	<u>CAMPWIDE BBQ</u> Hamburgers Hotdogs Chicken Sweet Corn	Stir Fry Rice Vegetable Baked Dessert
Heater Stack	Salad Beverage	Roasted Pork Roasted Potato Green Beans Baked Dessert	BBQ Chicken Baked Beans Italian Veggies Cake W Icing	Chicken Pot Pie Buttered Noodles Baked Dessert	Pasta & Meatballs Mixed Veggies Fresh bread Baked Dessert	Potato Chips Watermelon Relish Tray Beverage	Baked Ziti Broccoli Fresh bread Pudding

Menu Subject To Change

Fresh Fruit Available upon Request

Lettuce Tomato Onions Available upon Request